



STORMS

Finding God's Peace in the Difficulties of Life.



Recovering from the Scar of Abuse

1. You don't have to let your abuse define who you are.





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1 John 3:1

See what kind of love the Father has given to us, that we should be called children of God; and so we are.

1. You don't have to let your abuse define who you are.
2. The story of your life is still being written.



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- 1. You don't have to let your abuse define who you are.**
- 2. The story of your life is still being written.**
- 3. It is not your fault and you didn't/don't deserve this treatment.**



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Mark 7:20–23

And he said, “What comes out of a person is what defiles him.

For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness.

All these evil things come from within, and they defile a person.”

1. You don't have to let your abuse define who you are.
2. The story of your life is still being written.
3. It is not your fault and you didn't/don't deserve this treatment.
4. The Lord desires to hear from you.



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1. **You don't have to let your abuse define who you are.**
2. **The story of your life is still being written.**
3. **It is not your fault and you didn't/don't deserve this treatment.**
4. **The Lord desires to hear from you.**
5. **The Lord desires to bring comfort to your broken heart.**



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